

Canadian Theological Seminary - Calgary
Sept 15-17 & Oct 13-15, 2005

Spiritual Formation and Development (PT 501-CM)

靈命塑造與成長

Instructor: Dr. Ivan Leung (ivan_leung@vcac.bc.ca)

Course Description:

This course overviews some traditional spiritual disciplines, providing a model of spiritual formation in the light of the Bible. A survey of spiritual formation in Chinese church settings will be presented. A personal and pastoral strategy for enhancing spiritual maturity will be examined. The aim is to enrich each student's spiritual development through the practice and process of spiritual formation. Emphasis is placed on how these understandings impact others and how to impart these abilities to other people. This course is taught in Cantonese.

Dates:

Credit and audit students attend two extended weekends: Sept. 15-17 & Oct.13-15, 2005
(Thurs 7 – 10:30 p.m.; Fri 7 – 10:30 p.m.; Sat 9 a.m. – 6 p.m.)

Location:

Canadian Theological Seminary, 630, 833-4th Avenue SW, Calgary, AB

Instructor: Dr. Ivan Leung (DMin)

Currently Dr. Leung is the Senior Pastor of Vancouver Chinese Alliance Church & Fraser Lands Church, the author of 《開往靈程深處》 and Launch Out: Striving for a Deeper Spiritual Life. Formerly a special education teacher, Ivan was called by God to full time ministry and equipped himself at Evangel Seminary, Hong Kong, Regent College, Vancouver, and Western Seminary, Portland, Oregon. He received his Doctor of Ministry degree from Western Seminary. His thesis is focused on the area of spiritual formation. Dr. Leung also serves in the Board of Directors of the Association of Canadian Chinese Theological Education.

Course Outline:

1. The Importance of Pursuing Spiritual Maturity 追求屬靈成熟的重要性
2. Some Traditional Spiritual Disciplines in Church History 簡述歷史中的屬靈傳統
3. A Biblical Foundation of Spiritual Formation 靈命塑造的聖經基礎
4. A Biblical Model of Spiritual Formation 靈命塑造的聖經模式

5. A Personal and Pastoral Strategy of Enhancing Spiritual Maturity 靈命成長的個人及牧養的策略
6. Survey of Deeper Life Questionnaire in Chinese Church 華人教會的屬靈實況
7. A Reflection of Personal Spiritual Growth 個人屬靈成長的反思
8. Personal Growth and Spiritual Formation 個人成長與靈命塑造
9. Discipleship and Spiritual Formation 門徒訓練與靈命塑造
10. Ministry and Spiritual Formation 事奉與靈命塑造

Learning Outcomes:

1. Understand that God is more concerned about who we are than about what we do.
2. Comprehend traditional spiritual discipline in church history.
3. Understand the general spiritual condition of the Chinese church
4. Develop a biblical model of spiritual formation.
5. Develop a personal and pastoral strategy for enhancing spiritual maturity.
6. Enrich a student's own spiritual development, assisting him/her in a movement toward a deeper life in Christ.
7. Effective ministry is the outflow of a deeper life in Christ.
8. Understand the importance of discipleship in terms of spiritual growth.
9. Sharpen a focus in ministry that builds up people rather than building programs.

Ministry Practice/Reflection Component:

In order to consolidate what the students learn in class, a final project will be assigned in this course. Suggested projects may include:

1. Study a biblical or historical character with a focus on his/her process of spiritual formation.
2. Design and implement a one year personal spiritual growth plan to strengthen an area of perceived need.
3. Design a "Spiritual Formation Questionnaire," implement, and draft a proposal for the enhancing of spiritual maturity for your church or fellowship.
4. Write a research paper on spiritual formation with personal reflection and application.
5. Write a research paper on discipleship training with personal reflection and application.
6. Other (Project must be pre-approved by the instructor.)

Formational Component:

After reading *Mastering Personal Growth* written by Maxie Dunnam, Gordon MacDonald, Donald W. McCullough, write a self-assessment paper (5 pages) for each of the major areas of personal growth identified by the book. Topics include sustaining relationships, the

emotional aspect, the intellectual aspect, the physical aspect, and use of time. The purpose of this reflection paper is to encourage students to have better self-understanding, a crucial factor in spiritual formation and development.

Required Textbooks:

1. 梁海華,《開往靈程深處》,加拿大:中國信徒佈道會,2001。Or
Ivan Leung, *Launch Out: Striving For A Deeper Spiritual Life*. Canada: CCM, 2004.
2. Dunnam, Maxie & MacDonald, Gordon & McCullough, Donald W. *Mastering Personal Growth*. Oregon: Multnomah Press, 1992.
3. Scazzero, Peter. & Bird, Warren. *The Emotionally Healthy Church: A Strategy for Discipleship that Actually Changes Lives*. Grand Rapids: Zondervan, 2003.

Recommended Textbooks:

1. Baxter, Richard. *Reformed Pastor: A Pattern for Personal Growth and Ministry*. Portland, Oregon: Multnomah Press, 1982.
2. Collins, Kenneth J. Ed. *Exploring Christian Spirituality: An Ecumenical Reader*. Grand Rapids: Baker Books, 2000.
3. Foster, Richard J. *Streams of Living Water: Celebrating the Great Tradition of Christian Faith*. San Francisco: Harper & Row, 1998. (Chinese Version in 4)
4. 傅士德著, 袁達志譯。《屬靈傳統禮讚》。香港:天道書樓, 2001。
5. McNeal, Reggie. *A Work of Heart: Understanding How God Shapes Spiritual Leaders*. San Francisco: Jossey-Bass Publishers, 2000.
6. Steven, Paul R. & Green, Michael. *Living the Story: Biblical Spirituality for Everyday Christians*. Grand Rapids: Eerdmans, 2003.
7. Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. Colorado Springs: Navpress, 1991.
8. Whitney, Donald S. *Simplify Your Spiritual Life*. Colorado Springs: NavPress, 2003.

Evaluations:

1. Class Participation: - students are expected to attend all classes (10%).
2. Read two required textbooks and write two three-page reading reports. (20%).
3. Read 400 pages from the recommended textbooks (10%).
4. Course Project: - write a 15-page project with footnotes and bibliography (40%)

Suggested Projects:

- Study a biblical or historical character with a focus on his/her process of spiritual formation.
- Design and implement a one year personal spiritual growth plan to strengthen an area of perceived need.
- Design a “Spiritual Formation Questionnaire,” implement, and draft a proposal for the enhancing of spiritual maturity for your church or fellowship.
- Write a research paper on spiritual formation with personal reflection and application.
- Write a research paper on discipleship training with personal reflection and application.
- Other (Project must be pre-approved by the instructor.)

5. Personal reflection paper: After reading *Mastering Personal Growth* written by Maxie Dunnam, Gordon MacDonald, Donald W. McCullough, write a self-assessment paper (5 pages) for each of the major areas of personal growth identified by the book. Topics include Sustaining Relationships, Emotional Aspect, Intellectual aspect, Physical Aspect, and Use of Time. (20%)

Assignment & Due Dates:

1. The personal reflection paper is due on Oct.13, 2005.
2. The reading reports and reading assignment are due on Oct. 15, 2005.
3. The course project is due on Dec 14, 2005.
4. Assignments may be submitted in either English or Chinese.
5. Students may not turn in coursework after the final date for all assignments unless they have received permission for a ‘Course Extension.’ Requests for course extensions must be submitted to the Registrar’s Office two weeks prior to the final date for all assignments. Course extensions are only granted for serious issues that arise “due to circumstances beyond the student’s control.”
6. All coursework due after the end of modular classes is to be marked clearly with your name and student number, as well as the full name and code of your particular course, and delivered to the following address:

Alliance University College and Nazarene University College
Attn: Chinese Ministry Course – Coursework Submission
630, 833 4th Avenue SW
Calgary AB T2P 3T5

The CTS Dean’s Office will retain your coursework until the assignment deadline then forward it to your instructor.

Please note: AUC- NUC cannot assume responsibility for papers lost in the mail. Students are therefore strongly advised to retain a photocopy (or backup copy) of all work submitted.

7. Students who will be on-campus at the time that graded assignments are returned will have those assignments delivered in class or via the on-campus mail system if these have student mail box numbers on the assignment. Students without a mailbox who

wish to receive their assignments/exams back must submit a self-addressed, stamped envelope (of sufficient size and postage) to the Receptionist. Papers that are unclaimed and/or undeliverable will be held for one year from the due date, and then destroyed.

Add/Drop Policy

Students may withdraw from this classes and receive a full refund only prior to the second class session (i.e., before 7:00 pm on Friday, Sept. 16). No tuition refund will be issued after this deadline.

Students may voluntarily withdraw or change their registration from credit to audit, without academic penalty, only prior to completing 70% of the course (i.e., before 7:00 pm on Oct. 14). Students who withdraw from a course after this deadline will receive a grade of "F."

All Registration changes must be made through the Registrar's Office by completing a Registration Revision Form. Forms are available in the Registrar's Office or can be downloaded from www.auc-nuc.ca.

Plagiarism and Academic Dishonesty Policy

The seminary maintains a zero tolerance policy on plagiarism and academic dishonesty. Plagiarism and academic dishonesty can result in a failing grade for an assignment, for the course, or immediate dismissal from the seminary. Even unintentional plagiarism is to be avoided at all costs. Students are expected to be familiar with the policy statements in the current academic calendar and the student handbook that deal with plagiarism, academic dishonesty (cheating), and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are reported to the Academic Dean.