



PT 501-CM PERSONAL FORMATION AND DEVELOPMENT

靈命塑造與成長

Instructor: Dr. Ivan Leung (ivan_leung@vcac.bc.ca)

Fall 2006

Oct. 12-14 & Nov.9-11, 2006

Course Description:

This course overviews some traditional spiritual disciplines, providing a model of spiritual formation in the light of the Bible. A survey of spiritual formation in Chinese church settings will be presented. A personal and pastoral strategy for enhancing spiritual maturity will be examined. The aim is to enrich each student's spiritual development through the practice and process of spiritual formation. Emphasis is placed on how these understandings influence others and how to impart these abilities to other people. This course is taught in Cantonese.

Dates:

Credit and audit students attend two extended weekends: Oct. 12-14 & Nov.9-11, 2006 (Thurs 6:30 – 10:00 p.m.; Fri 6:30 – 10:00 p.m.; Sat 8:30 a.m. – 6 p.m.)

Location:

South Edmonton Alliance Church, 6508 – 31 Ave, Edmonton, AB.

Instructor: Dr. Ivan Leung (DMin)

Currently Dr. Leung is the Senior Pastor of Vancouver Chinese Alliance Church & Fraser Lands Church, the author of 《開往靈程深處》 and Launch Out: Striving for a Deeper Spiritual Life. Formerly a special education teacher, Ivan was called by God to full time ministry and equipped himself at Evangel Seminary, Hong Kong, Regent College,

Vancouver, and Western Seminary, Portland, Oregon. He received his Doctor of Ministry degree from Western Seminary. His thesis is focused on the area of spiritual formation. Dr. Leung also serves in the Board of Directors of the Association of Canadian Chinese Theological Education and the OnTrack Leadership Institute.

Course Outline:

1. The Importance of Pursuing Spiritual Maturity 追求屬靈成熟的重要性
2. Some Traditional Spiritual Disciplines in Church History 簡述歷史中的屬靈傳統
3. A Biblical Foundation of Spiritual Formation 靈命塑造的聖經基礎
4. A Biblical Model of Spiritual Formation 靈命塑造的聖經模式
5. A Personal and Pastoral Strategy of Enhancing Spiritual Maturity 靈命成長的個人及牧養的策略
6. Survey of Deeper Life Questionnaire in Chinese Church 華人教會的屬靈實況
7. A Reflection of Personal Spiritual Growth 個人屬靈成長的反思
8. Personal Growth and Spiritual Formation 個人成長與靈命塑造
9. Discipleship and Spiritual Formation 門徒訓練與靈命塑造
10. Ministry and Spiritual Formation 事奉與靈命塑造

Learning Outcomes:

1. Understand that God is more concerned about who we are than about what we do.
2. Comprehend traditional spiritual discipline in church history.
3. Understand the general spiritual condition of the Chinese church
4. Develop a biblical model of spiritual formation.
5. Develop a personal and pastoral strategy for enhancing spiritual maturity.
6. Enrich a student's own spiritual development, assisting him/her in a movement toward a deeper life in Christ.
7. Effective ministry is the outflow of a deeper life in Christ.
8. Understand the importance of discipleship in terms of spiritual growth.
9. Sharpen a focus in ministry that builds up people rather than building programs.

Ministry Practice/Reflection Component:

In order to consolidate what the students learn in class, a final project will be assigned in this course. Suggested projects may include:

1. Study a biblical or historical character with a focus on his/her process of spiritual formation.

2. Design and implement a one year personal spiritual growth plan to strengthen an area of perceived need.
3. Design a “Spiritual Formation Questionnaire,” implement, and draft a proposal for the enhancing of spiritual maturity for your church or fellowship.
4. Write a research paper on spiritual formation with personal reflection and application.
5. Write a research paper on discipleship training with personal reflection and application.
6. Other (Project must be pre-approved by the instructor.)

Formational Component:

After reading *Mastering Personal Growth* written by Maxie Dunnam, Gordon MacDonald, Donald W. McCullough, write a self-assessment paper (5 pages) for each of the major areas of personal growth identified by the book. Topics include sustaining relationships, the emotional aspect, the intellectual aspect, the physical aspect, and use of time. The purpose of this reflection paper is to encourage students to have better self-understanding, a crucial factor in spiritual formation and development.

Required Textbooks:

1. 梁海華,《開往靈程深處》,加拿大:中國信徒佈道會,2001。Or
Ivan Leung, *Launch Out: Striving For A Deeper Spiritual Life*. Canada: CCM, 2004.
2. Seamands, David A. *Putting Away Childish Things: Reaching for Spiritual and Emotional Maturity in Christ*. Indianapolis: Light and Life Communications, 1999.
3. Scazzero, Peter. & Bird, Warren. *The Emotionally Healthy Church: A Strategy for Discipleship that Actually Changes Lives*. Grand Rapids: Zondervan, 2003.

Recommended Textbooks:

1. Baxter, Richard. *Reformed Pastor: A Pattern for Personal Growth and Ministry*. Portland, Oregon: Multnomah Press, 1982.
2. Collins, Kenneth J. Ed. *Exploring Christian Spirituality: An Ecumenical Reader*. Grand Rapids: Baker Books, 2000.
3. Foster, Richard J. *Streams of Living Water: Celebrating the Great Tradition of Christian Faith*. San Francisco: Harper & Row, 1998. (Chinese Version in 4)
4. 傅士德著, 袁達志譯。《屬靈傳統禮讚》。香港:天道書樓, 2001。

5. McNeal, Reggie. *A Work of Heart: Understanding How God Shapes Spiritual Leaders*. San Francisco: Jossey-Bass Publishers, 2000.
6. Steven, Paul R. & Green, Michael. *Living the Story: Biblical Spirituality for Everyday Christians*. Grand Rapids: Eerdmans, 2003.
7. Whitney, Donald S. *Spiritual Disciplines for the Christian Life*. Colorado Springs: Navpress, 1991.
8. Whitney, Donald S. *Simplify Your Spiritual Life*. Colorado Springs: NavPress, 2003.

Evaluations:

1. Class Participation: - students are expected to attend all classes (10%).
2. Read one required textbooks and write one three-page reading report. (15%).
3. Read 400 pages from the recommended textbooks (10%).
4. Course Project: - write a 15-page project with footnotes and bibliography (40%)

Suggested Projects:

- Study a biblical or historical character with a focus on his/her process of spiritual formation.
- Design and implement a one year personal spiritual growth plan to strengthen an area of perceived need.
- Design a “Spiritual Formation Questionnaire,” implement, and draft a proposal for the enhancing of spiritual maturity for your church or fellowship.
- Write a research paper on spiritual formation with personal reflection and application.
- Write a research paper on discipleship training with personal reflection and application.
- Other (Project must be pre-approved by the instructor.)

5. Personal reflection paper: After reading *Putting Away Childish Things* written by Seamands, David A, write a self-assessment paper (5 pages) for each of the major areas of personal growth. Topics include Sustaining Relationships, Emotional Aspect, Intellectual aspect, Physical Aspect, and Use of Time. (25%)

Assignments & Due Dates:

1. The personal reflection paper is due on Nov.9, 2006.
2. The reading reports and reading assignment are due on Nov. 10, 2006.

3. The course project is due on Dec. 20, 2006.
4. Assignments may be submitted in either English or Chinese.
All coursework must be clearly marked with your name and student number, as well as the full name and code of your particular course and mailed to the following address:

AUC-NUC
Attn. Chinese Ministry Course – Coursework Submission
630, 833 4th Avenue SW
Calgary, AB T2P 3T5

The CTS Academic Office will forward your work to the instructor.

Please note: AUC-NUC cannot assume responsibility for papers lost in the mail.

Students are, therefore, strongly advised to retain a photocopy (or backup copy) of all work submitted.

5. Students who will be on-campus at the time that graded assignments are returned will have those assignments delivered in class or via the on-campus mail system if these have student mail box numbers on the assignment. Students without a mailbox who wish to receive their assignments/exams back must submit a self-addressed, stamped envelope (of sufficient size and postage) to the Receptionist. Papers that are unclaimed and/or undeliverable will be held for one year from the due date, and then destroyed.
6. *It is the responsibility of all students to become familiar with and adhere to academic policies of CTS as are stated in the Student Handbook and Academic Calendar and Catalogue. Personal information, that is information about an individual that may be used to identify that individual, may be collected as a requirement as part of taking this class. Any information collected will only be used and disclosed for the purpose for which the collection was intended. For further information contact the Privacy Compliance Officer at privacy@auc-nuc.ca.*
7. Extension for the completion of course work is not available from the instructor. *Students may not turn in coursework for evaluation after the last day of the scheduled final examination period unless they have received permission for a "Course Extension." Requests for course extensions must be submitted to the Registrar's Office two weeks prior to examination week (noted as the "Last Day for Alternative Exam or Course Extension Requests" on the academic calendar). Course extensions are only granted for serious issues that arise "due to circumstances beyond the student's control."*

Contact Information:

CTS Registrar's Office
#630, 833 – 4th Avenue SW
Calgary, Alberta
T2P 3T5
403-410-2905

Add/Drop Policy

Students may withdraw from this classes and receive a full refund only prior to the second class session (i.e., before 7:00 pm on Friday). No tuition refund will be

issued after this deadline.

Students may voluntarily withdraw or change their registration from credit to audit, without academic penalty, only prior to completing 70% of the course (i.e., before 8:30 am on Nov. 11). Students who withdraw from a course after this deadline will receive a grade of "F."

All Registration changes must be made through the Registrar's Office by completing a Registration Revision Form. Forms are available in the Registrar's Office or can be downloaded from www.auc-nuc.ca.

Plagiarism and Academic Dishonesty Policy

The seminary is committed to fostering personal integrity and will not overlook breeches of integrity such as plagiarism and cheating. Plagiarism and cheating can result in a failing grade for an assignment, for the course, or immediate dismissal from the seminary. Even unintentional plagiarism is to be avoided at all costs. Students are expected to be familiar with the policy statements in the current academic calendar and the student handbook that deal with plagiarism, cheating, and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are reported to the Academic Dean.