

Course ID:	Course Title:	Fall 2017
PT 501 - CL	Personal Formation and Development	Prerequisite:
		Credits: 3

2 WEEKEND FORMAT CLASS

Class Information		Instructor Information		Important Dates	
Dates: - Wknd 1	20-23 Sept. 2017	Instructor:	Mr. Jonathan Li, MTh (spiritual theology); ThD/PhD Candidate (systematic theology)	Last day to add/drop, or change to audit:	21 Sept 2017 (evening)
Wknd 2	15-18 Nov. 2017	Email:	jonathanscli5@gmail.com	Last day to withdraw from course:	Fri 9 Am, Nov 17 2017
Days/Time:	Week day – 6:30-9:30 pm	Phone:	416-499- 7980	Last day to apply for coursework extension:	20 Nov, 2017
Days/Time	Saturday – 9 am to 4 pm	Office:			
Room:	Please assign	Office Hours:			

Course Description

This course will offer foundational directions and orientations for personal formation and spiritual growth from biblical revelation and theological reflections, while gleaning insights from psycho-social approach. It helps students drink and draw from the rich inheritance of traditions from the Scripture and Christian spirituality. It also helps them learn to critically reflect our evangelical and Chinese church cultures with sympathy and understanding. It aims to facilitate the students develop a rule of life that fits their personality, season of life and vocational callings.

Requirement for the Myers Briggs Type Indicator

Students have paid a fee which enabled students to take the Myers Briggs Type Indicator electronically, receive a professionally generated description of their type and its application, and establish their profile in the Ministry Placement Office for future use. The MBTI profile will be used in PT 710 Ministry Values and

Practice also. Students must complete the MBTI instrument one week from the beginning of class in order to profit from the interpretation later in the semester. Details will be sent to students' Ambrose emails.

Expected Learning Outcomes

1. To understand personal formation and spiritual growth from a biblical, theological perspective with insights from the psycho-social development approach;
2. To know how to critically draw inspirations from the traditions of Christian spirituality for spiritual theology and disciplines;
3. To understand how to grow in their unique personhood being endowed by God, towards more wholesome integration, intra-personally and interpersonally;
4. To develop a personal rule of growing a full-orbed spiritual life that matches their own personality, calling, life situations, gifting and cultural milieus (especially church cultures)

Textbooks

1. **Stephen Macchia, The Crafting of a Rule: An Invitation to the Well-Ordered Way (Downers Grove, IL.,:IVP Books, 2012).**
2. **James M. Houston, The Mentored Life: From Individualism to Personhood (Colorado Springs, Colo. : Nav Press, 2000); 候士庭著, 呂素琴譯. 門徒生涯: 跟隨真正的導師. 台北, 中福出版有限公司:2012.**
3. **David Benner, The Gift of being Yourself: the Sacred Call to Self-discovery (Downers Grove, IL.,:IVP Books, 2004), 貝內爾, 天父給我的禮物; 香港 : 福音證主協會, ©2005.**

Recommended Readings

1. David G. Benner, **Sacred companions : the gift of spiritual friendship and direction (靈程同路人 : 屬靈友誼和導引的祝福)**. 卜妍娉., 陳永財. 香港 : 學生福音團契出版社, 2008.
2. 王志學. **奇異恩典在中年**. 基道出版社, , 2003.

Course Schedule

1. Insights from psychology on personality types (Myers Briggs Type Inventory) and personal growth
2. Man as the Image of God intended - the directions of personal growth and spiritual growth
3. The Fall & The Humanity of Jesus Christ – the True Image of God and the Spirit of Holiness
4. Man as the Image of God restored 1– Chastity (Double Knowledge of Self and God, healing, intrapersonal integration)

5. Man as the Image of God restored 2 - Charity (Commandment of Double Love, interpersonal fulfillment)
6. Worship, Confession and Re-education of Desires
7. Lectio Divina
8. Prayer, Examen & Action
9. Solitude and Community
10. Church as the Community of Eschatological Fulfillment of Personhood
11. Spiritual Friendships and Mentoring
12. Work and Sabbatical Rest

Requirements:

1. *Spiritual Exercises* (15%)

- a. Review of Life and Healing(回顧生命的歷程與心靈醫治); Examen (意識省察) –2 篇; Lectio divina (禱讀)–3 篇

Or

- b. Explore your sense of Calling, and reflect your current spiritual life and practices, in light of your ministry in future.

Due: Oct 9, 2017, Midnight

2. *Develop a Rule of Life (Expected Learning Outcomes 1-3)* (25%)

Using class materials and required readings, develop a Rule of Life – a plan of your personal growth, the spiritually formative disciplines that keyed to your personality, calling, season of life, weak areas of life, and discuss each practice, why it is important to you, and your plan to implement it.

Due: Dec 15, 2017, Midnight

3. *Course Project* (suggested projects) – to integrate and consolidate all what you learn in the course, write a 15-page project with footnotes and bibliography (40%)

- ❖ Study a biblical or historical character who will shed insights for your own life and calling (please discuss with the instructor before proceeding), with a focus on his/her process of spiritual formation and vocation.
- ❖ Do an in-depth study on a classical spiritual discipline (e.g. lectio divina, examen, confession, spiritual mentoring, solitude, fasting, etc, . . .) by giving its biblical foundation, a brief history of the important moments in its development within its tradition, discussing its benefits and possible drawbacks, and your own practice, or intended engagement with this discipline, with some reflection on how it may help your own personal formation.
- ❖ Write a research paper on spiritual formation and disciple training with personal reflection and application, that include giving a brief account on biblical and theological foundation, evaluating the current teachings in church on these areas, and suggesting an outline for a program.

Due: Dec 22, 2017, Midnight

4. *Reading Reflection* (20%)

Write a brief summary, thoughtful critique, and personal reflections of the textbooks.

Due: Oct 23, 2017, Midnight

N.B. Please submit all assignments in **Word format ONLY** (no pdfs) by emails. It may be submitted in either English or Chinese. Grade point will be penalized for any late assignment.

Attendance:

100% attendance for all classes is expected from students, given this is a two-weekend module course.

Grade Summary:

<u>Letter Grade</u>	<u>Description</u>	<u>Scale</u>
A+		97-100
A	Excellent	93-96
A-		90-92
B+		87-89
B	Good	83-86
B-		80-82
C+		77-79
C	Satisfactory	73-76
C-		70-72
D+		67-69
D		63-66
D-	Minimal Pass	60-62
F	Failure	

Please note that final grades will be available on student registration system. Printed grade sheets are not mailed out.

Bibliography

貝內爾 (David G. Benner), 克萊布 (Larry Crabb), 蒙加里 (Gary Moon) 主編. **屬靈旅程：為真實靈性更新而設的論壇 (Conversation)**. 作者麥格夫等；中文版主編李耀全；譯者袁達志, 陶婉儀. 李耀全. 天道書樓有限公司, 2006.

David G. Benner, Larry Crabb, Gary W. Moon 主編. **禱告：轉化生命的對談**, Richard J. Foster, J. I. Packer, 廖炳堂, 李耀全., 陶婉儀., 袁達志. 香港：天道書樓有限公司, 2005.

貝內爾 (David Benner). **甘心降服主愛 (Surrender to love : discovering the heart of Christian spirituality. Downers Grove, Ill. : InterVarsity Press)**; 曹敏敬. 香港：基督教文藝出版社, 2006.

----- . **渴慕主旨得成：與主同心，深相契合(Desiring God's will)**. 臺北縣中和市：臺灣基督教文藝, 2006.

----- . **我的心向神敞開：聖言頌讀與禱告人生(Opening to God : lectio divina and life as prayer; Downers Grove, Ill. : IVP Books, 2010)**. 袁達志譯; 香港：天道書樓有限公司, 2012.

----- . **Soulful spirituality : becoming fully alive and deeply human**. Grand Rapids, Mic Brazos Press, 2011.

Spirituality and the awakening self : the sacred journey of transformation. Grand Rapids, Mich.: Brazos Press, 2012.

李耀全. **靈修與修靈：華人教會靈修神學二十一世紀的議程**. 建道神學院, 2003.

----- . **靈程歷奇：當我遇上難處時**. 天道書樓, 2003.

王志學. **靈命塑造**. 海外校園雜誌(OCM); 大使命中心(GCCI), 1999.

----- . **經歷神：退修默想導引**. 基道出版社, 2001.

傅士德(Richard J. Foster). **屬靈傳統禮讚**. 袁達志譯; 天道書樓, 2001.

傅士德 (Richard J. Foster), 史雅各 (James Bryan Smith) 編著. **屬靈操練之旅 (Devotional classics)** .; 袁達志, 陶婉儀譯; 天道書樓有限公司, 2004.

Pierre Teilhard de Chardin. **神的氛圍 (Divine Milieu)**. 台北: 光啓出版社, 民國 75 [1986].

Anthony A. Hoekema, **基督徒自我觀 (The Christian looks at himself [1975])**. 何依文譯. 香港: 種籽出版社, 1981.

畢德生著(Eugene H. Peterson). **回應上帝: 用詩篇禱告 (Answering God)**. ; 廖金源譯; 天道書樓 2006.

潘霍華(Dietrich Bonhoeffer). **耶穌的祈禱書: 潘霍華談詩篇 (Psalms : the prayer book of the Bible)**. Trans. Eberhard Bethge. Minneapolis : Augsburg Pub. House, 1970). 歐力仁譯. 校園書房出版社, 2014

----- . **團契生活 (Life Together)**. 鄧肇明譯. 基督教文藝出版社, 1999.

彼得·史卡吉羅 (Peter Scazzero)著; **培養高 EQ 的靈命 (Emotionally Healthy Spirituality)**. 劉美津譯; 美國麥種傳道會, 2007.

Scazzero, Peter. & Bird, Warren. **The Emotionally Healthy Church: A Strategy for Discipleship that Actually Changes Lives**. Grand Rapids: Zondervan, 2003.

施史提反(Stephen Seamands)著. **因鞭傷, 得醫治: 將傷痛帶到十架 (Wounds that Heals: Bringing our Hurts to the Cross)**, 劉淑儀譯. 香港,以利亞使團:2012.

艾爾雷德(Aelred of Rievaulx)著. **屬靈友情禮讚 (Spiritual Friendship)**. ; 比利(Dennis Joseph Billy)評註; 黎子鵬譯. 基督教文藝: 2011.

----- . **The Mirror of Charity**. trans. Elizabeth. Connor;; Intro & notes, Charles Dumont. Piscataway, NJ : Gorgias Press, 2010.

白琦(Bakke, Jeannette A)著. **會晤神聖: 屬靈導引指南 (Holy Invitations : exploring Spiritual Direction)**. 李耀全; 吳麗恆譯; 天道:2005.

史蒂文斯(R. Paul Stevens)著. **塵俗靈程: 在平凡生活中與神相遇 (Down-to-earth Spirituality : Encountering God in the Ordinary Boring Stuff of Life)**. ; 陳錦榮譯. 天道: 2006.

溫偉耀製作. **古典靈修學與後現代屬靈生活**. 基督教卓越使團: 2008.

陳校慈. **人際衝突與靈命塑造**. 基道, 1999.

蔡貴恆, 崔妙珊合著. 都市人的靈命塑造.. 天道, 2005.

唐佑之著. 在神面前：靈性生活的操練 ; 浸信會出版社, 2001.

----- . 靈修神學 . 真理基金會, 2012.

流淚谷：中國學人靈命成長的障礙及出路 . 天嬰等著; 海外校園雜誌社 ,加拿大校園福音團契, 2005.

沙漠教父言行錄 (**Sayings of Desert Fathers**). Benedicta Ward 編著, 陈廷忠译. 三联:2012.

入世的清教徒(**The Worldly Saints**). 利兰·赖肯 (Leland Ryken) 著 ; 杨征宇译 , 朱保平校译. 北京: 群言出版社, 2011.

<http://www.puritanlibrary.com/>

Ambrose University Academic Policies:

Communication

All students have received an Ambrose e-mail account upon registration. It is the student's responsibility to check this account regularly as the Ambrose email system will be the professor's instrument for notifying students of important matters (cancelled class sessions, extensions, requested appointments, etc.) between class sessions. If students do not wish to use their Ambrose accounts, they will need to forward all messages from the Ambrose account to another personal account.

Registration

During the **Registration Revision Period** students may enter a course without permission, change the designation of any class from credit to audit and /or voluntary withdraw from a course without financial or academic penalty or record. Courses should be added or dropped on the student portal by the deadline date; please consult the List of Important Dates. After that date, the original status remains and the student is responsible for related fees.

Students intending to withdraw from a course after the Registration Revision Period must apply to the Office of the Registrar by submitting a "Request to Withdraw from a Course" form or by sending an email to the Registrar's Office by the **Withdrawal Deadline**; please consult the List of Important Dates on the my.ambrose.edu website. Students will not receive a tuition refund for courses from which they withdraw after the Registration Revision period. A grade of "W" will appear on their transcript.

Students wishing to withdraw from a course, but who fail to do so by the applicable date, will receive the grade earned in accordance with the course syllabus. A student obliged to withdraw from a course after the Withdrawal Deadline because of health or other reasons may apply to the Registrar for special consideration.

Exam Scheduling

Students, who find a conflict in their exam schedule must submit a Revised Examination Request form to the Registrar's Office by the deadline date; please consult the List of Important Dates. Requests will be considered for the following reasons only: 1) the scheduled final examination slot conflicts with another exam; 2) the student has three final exams within three consecutive exam time blocks; 3) the scheduled final exam slot conflicts with an exam at another institution; 4) extenuating circumstances. Travel is not considered a valid excuse for re-scheduling or missing a final exam.

Electronic Etiquette

Students are expected to treat their instructor, guest speakers, and fellow students with respect. It is disruptive to the learning goals of a course or seminar and disrespectful to fellow students and the instructor to use electronics for purposes unrelated to the course during a class session. Turn off all cell phones and other electronic devices during class. Laptops should be used for class-related purposes only. Do not use iPods, MP3 players, or headphones. Do not text, read, or send personal emails, go on Facebook or other social networks, search the internet, or play computer games during class. Some professors will not allow the use of any electronic devices in class. The professor has the right to disallow the student to use a laptop in future lectures and/or to ask a student to withdraw from the session if s/he does not comply with this policy. Repeat offenders will be directed to the Dean. If you are expecting communication due to an emergency, please speak with the professor before the class begins.

Academic Policies

It is the responsibility of all students to become familiar with and adhere to academic policies as stated in the Academic Calendar. Personal information (information about an individual that

may be used to identify that individual) may be required as part of taking this class. Any information collected will only be used and disclosed for the purpose for which the collection was intended. For further information contact the Privacy Compliance Officer at privacy@ambrose.edu.

Extensions

Although extensions to coursework in the semester are at the discretion of the instructor, students may not turn in coursework for evaluation after the last day of the scheduled final examination period unless they have received permission for a course Extension from the Registrar's Office. Requests for course extensions or alternative examination time must be submitted to the Registrar's Office by the deadline date; please consult the List of Important Dates. Course extensions are only granted for serious issues that arise "due to circumstances beyond the student's control."

Appeal of Grade

An appeal for change of grade on any course work must be made to the course instructor within one week of receiving notification of the grade. An appeal for change of final grade must be submitted to the Registrar's Office in writing and providing the basis for appeal within 30 days of receiving notification of the final grade, providing the basis for appeal. A review fee of \$50.00 must accompany the appeal. If the appeal is sustained, the fee will be refunded.

Academic Integrity

We are committed to fostering personal integrity and will not overlook breaches of integrity such as plagiarism and cheating. Academic dishonesty is taken seriously at Ambrose University as it undermines our academic standards and affects the integrity of each member of our learning community. Any attempt to obtain credit for academic work through fraudulent, deceptive, or dishonest means is academic dishonesty. Plagiarism involves presenting someone else's ideas, words, or

work as one's own. Plagiarism is fraud and theft, but plagiarism can also occur by accident when a student fails or forgets to acknowledge to another person's ideas or words. Plagiarism and cheating can result in a failing grade for an assignment, for the course, or immediate dismissal from the university college. Students are expected to be familiar with the policies in the current Academic Calendar that deal with plagiarism, cheating, and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are reported to the Academic Dean and become part of the student's permanent record.

Note: Students are strongly advised to retain this syllabus for their records.