



PERSONAL FORMATION AND DEVELOPMENT

3 credits

Class Information		Instructor Information		First day of classes:	Mon., Feb 8, 2016
Days:	Monday to Friday	Instructor:	Rev. Dr. Ivan Leung (D.Min.)	Last day to add/drop/change to audit:	4 pm, Mon., Feb 8, 2016
Time:	9 AM to 5 PM	Email:	ivanvcac@yahoo.com	Last day to request revised exam:	n/a
Room:	Please assign	Phone:	604 274 4629	Last day to withdraw from course:	1 pm, Thur., Feb 11, 2016
Lab/Tut:	n/a	Office:		Last day to apply for time extension for coursework:	Mon., April 30, 2016
Final Exam:	n/a	Office Hrs:		Last day of classes:	Fri., Feb. 12, 2016

Required Textbooks

1. 梁海華，開往靈程深處，修訂版。香港：宣道出版社，2013。Or
Ivan Leung, Launch Out: Striving For A Deeper Spiritual Life. Canada: CCM, 2004.
2. A. W. Tozer, The Pursuit of God. Camp Hill: Wing Spread Publishers, 2006.
陶恕著，薛玉光譯。渴慕神，修訂二版。香港：宣道出版社，2012。
3. Scazzero, Peter. The Emotionally Healthy Spirituality: Unleash A Revolution in your Life in Christ. Nashville: Thomas Nelson, 2006.
彼得·史卡吉羅著，劉美津譯。培養高 EQ 的靈命：在你的靈命中引爆一場革命。美國：麥種傳道會，2007。

Recommended Textbooks

1. Baxter, Richard. *Reformed Pastor: A Pattern for Personal Growth and Ministry*. Portland, Oregon: Multnomah Press, 1982.
2. Foster, Richard J. *Streams of Living Water: Celebrating the Great Tradition of Christian Faith*. San Francisco: Harper & Row, 1998. (Chinese Version in 3)
3. 傅士德著，袁達志譯。屬靈傳統禮讚。香港：天道書樓，2001。
4. 郭鴻標著，歷代靈修傳統巡禮。香港：香港基督徒學會，2001。
5. 李耀全著，屬靈操練與生命關懷，第二版。香港：更新資源有限公司，2000。

6. McNeal, Reggie. *A Work of Heart: Understanding How God Shapes Spiritual Leaders*. San Francisco: Jossey-Bass Publishers, 2000.
7. Nouwen, J.M. Henri. *In the Name of Jesus: Study Guide*. New York: The Crossroad Publishing Company, 2002.
8. Scazzero, Peter. & Bird, Warren. *The Emotionally Healthy Church: A Strategy for Discipleship that Actually Changes Lives*. Grand Rapids: Zondervan, 2003.
9. Scazzero, Peter. *The Emotionally Healthy Leader: How Transforming Your Inner Life Will Deeply Transform Your Church, Team, and the World*. Grand Rapids: Zondervan, 2015.
10. 施大衛著 · 朱麗文譯 · *不再幼稚* · 第九版 · 香港：天道書樓 · 2004。
11. 梁海華著 · *靠恩成長* · 香港：宣道出版社 · 2011。
13. Steven, Paul R. *Down to Earth Spirituality: Encountering God in the Ordinary, Boring Stuff of Life*. Downer Grove: InterVarsity Press, 2003.
14. Warden, Jon Ido. *Resisting Grace: Our Avoidance and His Persistence*. Morton Grove: WardenLegacy Publishing, 2012.

Course Description

This course provides students with the opportunity to explore and expand their self-understanding in the areas of vocation, spirituality, and personality. Attention will be given both to traditions of Christian faith and practice and to contemporary analytical instruments.

This course also provides a model of spiritual formation in light of the Bible. A survey of spiritual formation in Chinese church settings will be presented. A personal and pastoral strategy for enhancing spiritual maturity will be examined. The aim is to enrich each student's spiritual development through the practice and process of spiritual formation. Emphasis is placed on how these understandings influence others and how to impart these abilities to other people.

Requirement for the Myers Briggs Type Indicator

Students have paid a fee which enabled students to take the Myers Briggs Type Indicator electronically, receive a professionally generated description of their type and its application, and establish their profile in the Ministry Placement Office for future use. The MBTI profile will be used in PT 710 Ministry Values and Practice also. Students must complete the MBTI instrument one week from the beginning of class in order to profit from the interpretation later in the semester. Details will be sent to students' Ambrose emails.

Expected Learning Outcomes

1. Understand that God is more concerned about who we are than about what we do.
2. Comprehend traditional spiritual discipline in church history.
3. Understand the general spiritual condition of the Chinese church
4. Develop a biblical model of spiritual formation.
5. Develop a personal and pastoral strategy for enhancing spiritual maturity.
6. Enrich a student's own spiritual development, assisting him/her in a movement toward a deeper life in Christ.
7. Effective ministry is the outflow of a deeper life in Christ.
8. Understand the importance of discipleship in terms of spiritual growth.
9. Sharpen a focus in ministry that builds up people rather than building programs.
10. Students assess their personal formation in terms of the Myers Briggs Type Indicator

Course Schedule

1. The Importance of Pursuing Spiritual Maturity 追求屬靈成熟的重要性
2. Myers Briggs Type Indicator (MBTI) Personality Inventory MBTI 性格心理測驗
3. Some Traditional Spiritual Disciplines in Church History 簡述歷史中的屬靈傳統
4. A Biblical Foundation of Spiritual Formation 靈命塑造的聖經基礎
5. A Biblical Model of Spiritual Formation 靈命塑造的聖經模式
6. A Personal and Pastoral Strategy of Enhancing Spiritual Maturity 靈命成長的個人及牧養的策略
7. Survey of Deeper Life Questionnaire in Chinese Church 華人教會的屬靈實況
8. A Reflection of Personal Spiritual Growth 個人屬靈成長的反思
9. Personal Growth and Spiritual Formation 個人成長與靈命塑造
10. Discipleship and Spiritual Formation 門徒訓練與靈命塑造
11. Ministry and Spiritual Formation 事奉與靈命塑造

Requirements:

1. Read two required textbooks and write two three-page reading report. (20%)

梁海華, 《開往靈程深處》(修訂版), 香港: 宣道出版社, 2013。 Or
Leung, Ivan. *Launch Out: Striving For A Deeper Spiritual Life*. Canada: CCM, 2004.

Tozer, A. W. *The Pursuit of God*. Camp Hill: Wing Spread Publishers, 2006.
陶恕著, 薛玉光譯。《渴慕神》, 修訂二版。香港: 宣道出版社, 2012。

2. Read 800 pages from the recommended textbooks. Submit a reading log to the instructor, stating the percentage of the 800 pages you have read. (5%)

3. Course Project: - In order to consolidate what the students learn in class, a 15-page project with footnotes and bibliography will be assigned in this course. (45%)

Suggested Projects

- Study a biblical or historical character with a focus on his/her process of spiritual formation.
- Design and implement a one year personal spiritual growth plan to strengthen an area of perceived need.
- Design a "Spiritual Formation Questionnaire," implement, and draft a proposal for the enhancing of spiritual maturity for your church or fellowship.
- Write a research paper on spiritual formation with personal reflection and application.
- Write a research paper on discipleship training with personal reflection and application.
- Other (Project must be pre-approved by the instructor.)

4. Personal reflection paper: After reading *The Emotionally Healthy Spirituality: Unleash A Revolution in your Life in Christ*, written by Scazzero, Peter writes a self-assessment paper (5 pages) for each of the major areas of personal growth. Topics include Sustaining Relationships, Emotional Aspect, Intellectual aspect, Physical Aspect, and Use of Time. The purpose of this reflection paper is to encourage students to have better self-understanding, a crucial factor in spiritual formation and development. (30%)

Attendance

Students are expected to attend each day of week module classes. Given that this is a week module course, it is extremely important that you attend 100% of the class time.

Grade Summary

1. Read two required textbooks and write two three-page reading report. (20%)

2. Read 800 pages from the recommended textbooks. (5%)

3. Course Project: - In order to consolidate what the students learn in class, a 15-page project with footnotes and bibliography will be assigned in this course. (45%)

4. Personal reflection paper (30%)

The available letters for course grades are as follows:

<u>Letter Grade</u>	<u>Description</u>
A+	
A	Excellent
A-	
B+	
B	Good
B-	
C+	
C	Satisfactory
C-	
D+	
D	Minimal Pass
F	Failure

Assignments & Due Dates

1. The reading reports, personal reflection paper, course project and the reading assignments will be submitted on April 30, 2016. It may be submitted in either English or Chinese.
2. Grade point will be penalized for any late assignment.

Policies:

Communication

All students have received an Ambrose e-mail account upon registration. It is the student's responsibility to check this account regularly as the Ambrose email system will be the professor's instrument for notifying students of important matters (cancelled class sessions, extensions, requested appointments, etc.) between class sessions. If students do not wish to use their Ambrose accounts, they will need to forward all messages from the Ambrose account to another personal account.

Registration

During the **Registration Revision Period** students may enter a course without permission, change the designation of any class from credit to audit and /or voluntary withdraw from a course without financial or academic penalty or record. Courses should be added or dropped on the student portal by the deadline date; please consult the List of Important Dates. After that date, the original status remains and the student is responsible for related fees.

Students intending to withdraw from a course after the Registration Revision Period must apply to the Office of the Registrar by submitting a "Request to Withdraw from a Course" form or by sending an email to the Registrar's Office by the **Withdrawal Deadline**; please consult the List of Important Dates on the my.ambrose.edu website. Students will not receive a tuition refund for courses from which they withdraw after the Registration Revision period. A grade of "W" will appear on their transcript.

Exam Scheduling

Students wishing to withdraw from a course, but who fail to do so by the applicable date, will receive the grade earned in accordance with the course syllabus. A student obliged to withdraw from a course after the Withdrawal Deadline because of health or other reasons may apply to the Registrar for special consideration.

Students, who find a conflict in their exam schedule must submit a Revised Examination Request form to the Registrar's Office by the deadline date; please consult the List of Important Dates. Requests will be considered for the following reasons only: 1) the scheduled final examination slot conflicts with another exam; 2) the student has three final exams within three consecutive exam time blocks; 3) the scheduled final exam slot conflicts with an exam at another institution; 4)

extenuating circumstances. Travel is not considered a valid excuse for re-scheduling or missing a final exam.

Electronic Etiquette

Students are expected to treat their instructor, guest speakers, and fellow students with respect. It is disruptive to the learning goals of a course or seminar and disrespectful to fellow students and the instructor to use electronics for purposes unrelated to the course during a class session. Turn off all cell phones and other electronic devices during class. Laptops should be used for class-related purposes only. Do not use iPods, MP3 players, or headphones. Do not text, read, or send personal emails, go on Facebook or other social networks, search the internet, or play computer games during class. Some professors will not allow the use of any electronic devices in class. The professor has the right to disallow the student to use a laptop in future lectures and/or to ask a student to withdraw from the session if s/he does not comply with this policy. Repeat offenders will be directed to the Dean. If you are expecting communication due to an emergency, please speak with the professor before the class begins.

Academic Policies

It is the responsibility of all students to become familiar with and adhere to academic policies as stated in the Academic Calendar. Personal information (information about an individual that may be used to identify that individual) may be required as part of taking this class. Any information collected will only be used and disclosed for the purpose for which the collection was intended. For further information contact the Privacy Compliance Officer at privacy@ambrose.edu.

Extensions

Although extensions to coursework in the semester are at the discretion of the instructor, students may not turn in coursework for evaluation after the last day of the scheduled final examination period unless they have received permission for a course Extension from the Registrar's Office. Requests for course extensions or alternative examination time must be submitted to the Registrar's Office by the deadline date; please consult the List of Important Dates. Course extensions are only granted for serious issues that arise "due to circumstances beyond the student's control."

Appeal of Grade

An appeal for change of grade on any course work must be made to the course instructor within one week of receiving notification of the grade. An appeal for change of final grade must be submitted to the Registrar's Office in writing and providing the basis for appeal within 30 days of receiving notification of the final grade, providing the basis for appeal. A review fee of \$50.00 must accompany the appeal. If the appeal is sustained, the fee will be refunded.

Academic Integrity

We are committed to fostering personal integrity and will not overlook breaches of integrity such as plagiarism and cheating. Academic dishonesty is taken seriously at Ambrose University as it undermines our academic standards and affects the integrity of each member of our learning community. Any attempt to obtain credit for academic work through fraudulent, deceptive, or dishonest means is academic dishonesty. Plagiarism involves presenting someone else's ideas, words, or work as one's own. Plagiarism is fraud and theft, but plagiarism can also occur by accident when a student fails or forgets to acknowledge to another person's ideas or words. Plagiarism and cheating can result in a failing grade for an assignment, for the course, or immediate dismissal from the university college. Students are expected to be familiar with the policies in the current Academic Calendar that deal with plagiarism, cheating, and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are reported to the Academic Dean and become part of the student's permanent record.

Note: Students are strongly advised to retain this syllabus for their records.