



AMBROSE
UNIVERSITY COLLEGE

WEEK MODULE COURSE

May 6-10, 2013

Roger Helland

MISSIONAL SPIRITUALITY

PST 645

COURSE DESCRIPTION

In modern spirituality, the interior life of personal devotion is emphasized. While valuable, this paradigm can lead to a refuge spirituality disconnected from the daily rounds of life in the world. A needed corrective is a rediscovery of an outward movement on God's mission into the world. Spiritual formation within a corporate context is connected to Christian mission. How is the spiritual life rooted? How was it rooted for Jesus? The life of virtue and mission are inseparable, formed in community, for the sake of others—where inner piety both forms and feeds mission.

A missional spirituality is, “an attentive and active engagement of embodied love for God and neighbor expressed from the inside out.” Working with a variety of learning styles, this *transformational* course will explore theological foundations and spiritual practices centered in the Great Commandment (Mark 12:28-34). Together, we will grapple with what it means to live as incarnational missionaries who learn how to love the Lord our God from all our heart, soul, mind, and strength and our neighbor as ourselves.

CLASS SCHEDULE

May 6-10, 2013
9:00am – 4:00pm

Room: RE 146

INSTRUCTOR INFORMATION

Roger Helland serves as district executive coach of the Baptist General Conference in Alberta with a mission to help establish and empower missional, disciple-making leaders and churches. Roger has over 25 years of Christian leadership experience as a pastor, Bible college and seminary instructor, church consultant, and mentor. He has written five books and numerous articles, including his most recent *Missional Spirituality* (IVP Books, 2011) and *Magnificent Surrender* (Wipf & Stock, 2012). He holds a Master of Theology degree from Dallas Theological Seminary in Old Testament and a Doctor of Ministry degree from Trinity Western University in Missional Leadership and Spiritual Formation. Roger lives with his wife Gail in Airdrie near Calgary. For contact: email roger@bgcalberta.ca and blog: <http://missionalspirituality.com>

COURSE OBJECTIVES

This course is designed to equip each student to:

1. Define Christian spirituality and mission and describe the vital relationship between them.
2. Describe key challenges to a missional spirituality.
3. Delineate theological foundations and spiritual practices that form and feed mission in what it means to be an effective missional leader.
4. Recall and reflect critically on key biblical texts that deal with a missional spirituality and state examples of missional spirituality in action derived from Acts and the Pietist stream.
5. Feel an enlarged passion for Christian virtue and life in the ways of Jesus in the wider culture.
6. Have confidence in the priesthood of all believers and in exegeting and engaging culture.
7. Pledge and practice a surrendered life to Christ Jesus as Lord.
8. Design a strategy that will nurture corporate and individual missional spirituality.

COURSE TEXTBOOKS

Roger Helland and Leonard Hjalmarson, *Missional Spirituality: Embodying God's Love From the Inside Out*. Downers Grove: IVP Books, 2011. 232 pages.

Kent Carlson & Mike Lueken: *Renovation of the Church: What Happens When a Seeker Church Discovers Spiritual Formation*. Downers Grove: IVP Books, 2011. 178 pages.

COURSE ASSIGNMENTS

Post-Class Assignment 1: (25%) Due: May 24

Watch: Alan Hirsch: "Jesus is Lord" – take notes <http://vimeo.com/16151358>
"Missional-Incarnational Impulse" – take notes <http://vimeo.com/31501530>

Read: Dallas Willard, "Spiritual Formation in Christ: A Perspective on What It Is and How It Might be Done." <http://www.dwillard.org/articles/artview.asp?artID=81>
Glen Scorgie, "A Spirituality of Christmas."
<http://missionalspirituality.com/2012/12/a-spirituality-of-christmas/>

Write a 6-page paper that includes: critical interaction with the main points of the Hirsch videos (2 pages), Willard (2 pages), Scorgie (1 page), with personal application (1 page).

Post-Class Assignment 2: (35%) Due: July 1

Choose **ONE** of the Following: **OPTION A** or **B**

OPTION A. Reflections and TIE (Three is Enough) Small Group Experience

Read and Lead a discussion of the textbook by Roger Helland & Leonard Hjalmarson, *Missional Spirituality*, over a **6-week period with a TIE (Three Is Enough) small group**.

Form a small group (with at least 2 other people) to learn in a communal setting. In *Christianity Beyond Belief*, Todd Hunter calls these TIE groups (Three Is Enough, or 3IE). Learning and spiritual formation best occur in community rather than in isolation, though silence and solitude are important. Todd writes, “God’s purpose for us is that we become his cooperative friends and serve others in our everyday lives. 3IE provides an imagination and structure to prayerfully pay attention to the Spirit, the people, and the events of our life. The focus is on God, others, and our own personal spiritual transformation. 3IE is three friends, who decide to pray, study and serve together. Meeting in natural places—the workplace, school, or coffee shop, 3IE groups go on a Journey Inward of spiritual transformation and a Journey Outward of serving others.”

Present in an organized fashion, the core material from the course and the book *Missional Spirituality* to the group. It is recommended that each person in the group have their own copy of the book. Lead a discussion on the material and invite their response. This group is to meet for 6 weeks for a minimum of 60 minutes each week and then work through selected questions and practices at the end of chapters 1-10.

Week 1: Chaps. 1-2 (May 20-27)

Week 2: Chaps. 3-4 (May 27 – June 3)

Week 3: Chaps. 5-6 (June 3 – 10)

Week 4: Chaps. 7-8 (June 10-17)

Week 5: Chaps. 9-10 (June 17-24)

Week 6: Afterword, Appendix (June 24 -July 1)

The Summary: 8-page paper or 60-minute podcast

- Type a **4-page** outline (or compose a 30-minute podcast, 5 minutes per week) of the material that you presented to the group, together with the discussion questions and practices you selected and experienced.
- Type a **4-page** summary (or compose a 30-minute podcast, 5 minutes per week) of the group discussion with an evaluation of the discussion as well as an evaluation of the weekly practices decided on from chapters 4-10.

OPTION B. Reflections on the textbook *Missional Spirituality*

Read the textbook *Missional Spirituality* and reflect on the main ideas and key quotes in each chapter according to the schedule below. Type out brief and concise answers to **two** out of the three questions for discussion starters, and pick **one** of the suggested practices to practice each week from chapters 4-10, according to the following schedule:

Week 1: Chaps. 1-2 (May 20-27)

Week 2: Chaps. 3-4 (May 27 – June 3)

Week 3: Chaps. 5-6 (June 3 – 10)

Week 4: Chaps. 7-8 (June 10-17)

Week 5: Chaps. 9-10 (June 17- 24)

Week 6: Afterword, Appendix (June 24 - July1)

Total of 10 pages

Post-Class Integrative Course Project

(40%)

Due: June 17

Read: Kent Carlson & Mike Lueken, *Renovation of the Church*

Research: Take one hour to peruse selected articles that draw your interest on the following two blog sites to glean questions and insights that pertain to spiritual formation (take notes) and one hour to view the five video clips of Hugh Halter (take notes):

1. <http://missionalspirituality.com/>
2. <http://www.reclaimingthemission.com>
3. Hugh Halter, **Training Videos** 1, 2, 3, 4: <http://missio.us/media.htm>

Develop: 10-page Course Integrative Project

Based on your reading of the textbooks, online videos, class interactions, and online reading, develop a *concise 10-page* course project that draws together (integrates) your learning experience. The objective is for you to delineate and design a strategy according to the main contours of a missional spirituality. Develop the integrative project along 5 lines:

1. Introduction: The nature of Christian spirituality & its relationship to mission. **1 page.**
2. Delineate core *theological* foundations of a missional spirituality: **2 pages.**
3. Detail three representative *practices* that will help form and feed mission for an *individual* context: **2 pages.**
4. Describe three representative spiritual *practices* to re-engage for a renewal of the *corporate* context of a missional spirituality: **2 pages.**
5. Design a practical *strategy* that will nurture personal and corporate growth in incarnational missional spirituality: **3 pages.**

COURSE OUTLINE

1. Introduction and Challenges to a Missional Spirituality
2. Theological Foundations and Missional Spirituality in Action
3. The Practices for Loving God From Heart and Soul
4. The Practices for Loving God From Mind and Strength
5. The Practices for Loving Neighbor and Missional-Incarnational Living

COURSE DUE DATES

- | | | |
|--|-------|----------------|
| 1. Pre-class Assignment | (25%) | Due: May 6, 13 |
| 2. Post-class Assignment: A. TIE or B. Reflections | (35%) | Due: July 1 |
| 3. Post-class Integrative Course Project | (40%) | Due: July 15 |

All assignments must be emailed to the instructor as an attachment by the due date, 4:00pm, with type-written assignments using Word.doc, 12 point Times New Roman font, one inch margins, pages numbered, grammar and spell checked to: roger@bgcalberta.ca *The first or title page of all assignments should include the course name, the instructor's name, and the student's name and student ID number.*

GRADING: The available percentages and corresponding letter grades are as follows:

<u>Percentage</u>	<u>Letter Grade</u>	<u>Description</u>	
97 – 100	4.0	A+	Excellent
94 – 96	4.0	A	
90 – 93	3.7	A–	Good
85 – 89	3.3	B+	
80 – 84	3.0	B	
75 – 79	2.7	B-	
70 – 74	2.3	C+	Satisfactory
65 – 69	2.0	C	
60 – 64	1.7	C-	
55 – 59	1.3	D+	Minimal Pass
50 – 54	1.0	D	
		F	

ELECTRONIC ETIQUETTE

Students are expected to treat their instructor, guest speakers, and fellow students with respect. It is disruptive to the learning goals of a course or seminar and disrespectful to fellow students and the instructor to engage in electronically enabled activities unrelated to the class during a class session. Please turn off all cell phones and other electronic devices during class. Laptops should be used for class-related purposes only. Please do not use iPods, MP3 players, or headphones. Do not text, read or send personal emails, go on Facebook or other social networks, search the Internet, or play computer games during class. The professor has the right to disallow the student to use a laptop in future lectures and/or to ask a student to withdraw from the session if s/he does not comply with this policy. Repeat offenders will be directed to the Dean. If you are expecting communication due to an emergency, please speak with the professor before the class begins.

ACADEMIC POLICIES

It is the responsibility of all students to become familiar with and adhere to academic policies as stated in the Student Handbook and Academic Calendar. Personal information, that is information about an individual that may be used to identify that individual, may be collected as a requirement as part of taking this class. Any information collected will only be used and disclosed for the purpose for which the collection was intended. For further information, contact the Privacy Compliance Officer at privacy@ambrose.edu.

EXTENSIONS

Extensions to coursework in the semester are at the discretion of the instructor. Requests for course extensions beyond the semester must be submitted to the Registrar’s Office one month before the final assignment is due. Course extensions are only granted for serious issues that arise “due to circumstances beyond the student’s control.”

ACADEMIC INTEGRITY

We are committed to fostering personal integrity and will not overlook breaches of integrity such as plagiarism and cheating. Academic dishonesty is taken seriously at Ambrose University College as it undermines our academic standards and affects the integrity of each member of our learning community. Any attempt to obtain credit for academic work through fraudulent, deceptive, or dishonest means is academic dishonesty. Plagiarism involves presenting someone else's ideas, words, or work as one's own. Plagiarism is fraud and theft, but plagiarism can also occur by accident when a student fails or forgets to give credit to another person's ideas or words. Plagiarism and cheating can result in a failing grade for an assignment, for the course, or immediate dismissal from the university college. Students are expected to be familiar with the policies in the current Academic Calendar and the Student Handbook that deal with plagiarism, cheating, and the penalties and procedures for dealing with these matters. All cases of academic dishonesty are reported to the Academic Dean and become part of the student's permanent record.

RECOMMENDED SOURCES

- Driscoll, Mark. *Radical Reformation*. Grand Rapids: Zondervan, 2004.
- Frost, Michael and Alan Hirsch. *The Shaping of Things to Come*. Revised, Baker, 2013.
- Guder, Darrell, ed. *Missional Church*. Grand Rapids: Eerdmans, 1998.
- Halter, Hugh and Matt Smay. *The Tangible Kingdom*. San Francisco: Jossey-Bass, 2008.
- _____. *AND: The Gathered and Scattered Church*. Grand Rapids: Zondervan, 2010.
- Helland, Roger. *Magnificent Surrender: Releasing the Riches of Living in the Lord*. Eugene: Wipf and Stock, 2012.
- Hirsch, Alan and Lance Ford. *Right Here Right Now: Everyday Mission for Everyday People*. Grand Rapids: Baker, 2011.
- Hunter, Todd. *Giving Church Another Chance: Finding New Meaning in Spiritual Practices*. Downers Grove: IVP Books, 2010.
- _____. *Christianity Beyond Belief*. Downers Grove: IVP, 2010.
- McKnight, Scot. *The King Jesus Gospel: The Original Good News Revisited*. Grand Rapids: Zondervan, 2011.
- McNeal, Reggie. *Missional Renaissance*. San Francisco: Jossey-Bass, 2009.
- Meyer, Keith. *Whole Life Transformation*. Downers Grove: IVP, 2010.
- Nelson, Gary. *Borderland Churches*. St. Louis: Chalice Press, 2008.
- Scorgie, Glen. Gen. ed. *Dictionary of Christian Spirituality*. Grand Rapids: Zondervan, 2011.
- Scougal, Henry. *Life of God in the Soul of Man*. <http://www.ccel.org/ccel/scougal/life.toc.html>
- Smith, James K. A. *Desiring the Kingdom: Worship, Worldview and Cultural Formation*. Grand Rapids: Baker Academic, 2009.
- Willard, Dallas. *The Spirit of the Disciplines: Understanding How God Changes Lives*. New York: HarperOne, 1990.
- _____. *The Great Omission: Reclaiming Jesus's Essential Teachings on Discipleship*. HarperCollins, 2006.
- Wright, N. T. *After You Believe: Why Christian Character Matters*. New York: HarperOne, 2010.